





NO COST MAMMOGRAM
Provided by the American Italian Cancer Foundation



CALL OR SCAN TO PRE-REGISTER 1.877.628.9090



Eligibility: Women ages 40-79, with NYC residency and no mammogram exam in the last 12 months

All insurance accepted including Medicaid/Medicare

No Co- pay required and deductibles are waived

INSURANCE IS NOT REQUIRED

Office of Councilmember Darlene Mealy 400 Rockaway Avenue Brooklyn NY 11238

FRIDAY, NOVEMBER 11th 9 A.M. - 4:30 P.M.

Directions: C train to Rockaway Avenue

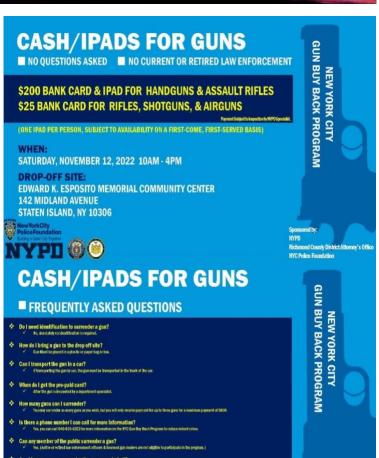
Co hosted by
Disabled American Veterans NYS : Chapter 108
Ready Set October

Medical services provided by multi diagnostic services

Funding provided by

Cancer Services Program

the National Breast Cancer Foundation, NYC Council, NYC DOHMH, NYS Senate, Pfizer and individual donors









14 WEEKS OF FREE Hybrid MEDICAL ADMINISTRATION TRAINING! February 6, 2023





PATIENT SERVICES REPRESENTATIVE TRAINING

- · Extensive Medical Terminology
- · Medical Office Procedures
- Health Insurance Policies
- . EPIC & EMR/EHR Overview
- · Microsoft Office 365 & Google Suite
- · Career Coaching
- 1 Year of Employment Placement Assistance

Step 1 Attend an Open House https://graceinstitute.org/enroll/registration Step 2 Complete Admissions Assessment Interview with Grace Institute Step 3

* Open to women ages 18-64 * For more information, contact TUtley@graceinstitute.org | 646-290-5591

Grace Institute requires all staff and participants to be fully vaccinated in order to participate in training. Due to COVID-19, in-person training opportunities are scheduled based on health and safety precautions.



JFKIAT



WE'RE HIRING!

JFK International Air Terminal, LLC, the operator of Terminal 4, is seeking candidates for the positions of Operations Supervisor and Safety & Security Supervisor.

Our Operations Supervisors' primary responsibility is to monitor and coordinate all functions related to terminal, landside and airside operations. Qualifications include:

- Associates degree and aviation experience is preferred
- · Strong communication, administrative and organizational skills
- · Proficient in computer applications/systems

Our Safety & Security Supervisors' primary responsibility is to assist the Vice President of Safety & Security in planning and directing the daily security functions to ensure the safety, security and protection of individuals, tenants, and the public relating to regulations imposed by governing authorities. Qualifications include:

- · Three years of aviation specific security experience OR three years of experience
- in a security supervisory role preferred

 Associates Degree in Criminal Science or Aviation strongly preferred; One (1) year of directly related professional experience may substitute for one (1) year of the required education up to (4) years

- Job Requirements:

 Must be over 18 years old

 A valid driver's license
- A value univer a neeme Must be able to obtain proper credentials required by the Port Authority of New York & New Jersey, TSA, and CBP Ability to work different shifts, holiday, and weekends Must be fully vaccinated against COVID-19

- Benefits Include:

 100% company-sponsored medical, dental, and vision insurance

 Paid vacation and sick time: 10 company observed holidays



Join our team!

Veteran's Day On-Site Job Fair

Friday, November 11, 2022 11:00 AM to 2:00 PM 1 Federal Street, Yonkers, NY

Now Hiring:

- · Packaging Laborers
- · Packaging Technicians
 - Industrial Cleaners
- Process Service Attendants
 - Process Supervisor
- · Controls Engineer I and II



Apply in advance at: www.asr-group.com/careers

For more information, contact Andrea Stephens or Camille Valentin: Andrea. Stephens@asr-group.com | Camille. Valentin@asr-group.com



If you would like to join our team, submit your resume to hr@ifkiat.com with the subject heading of the position you are applying for









OPEN HOUSE

for Elevator & Escalator Maintainers'

who possess a NYS Department of Labor Elevator Mechanic License and qualifying work experience. On-Site Interviews available for Qualified Candidates.

Open House: Saturday, December 3, 2022

Doors Open at 9:00 a.m. Last On-Site Interview at 2:00 p.m. Arrive no later than 1:30 p.m. to be considered for an on-site interview.

Location: 180 Livingston Street, Brooklyn, New York 11201

Directions by train: ② ⑤ to Hoyt Street or ⑥ ⑥ to Borough Hall ⑥ ⑥ ⓒ to Hoyt-Schermerhorn Station or ⑥ ⑥ ⓒ ⓒ to Jay St-MetroTech Before you travel, visit new.mta.info and use the "Trip Planner" feature.

To be considered for an on-site interview on December 3, 2022, please submit your resume and your NYS Elevator Mechanic License by No. 30, 2022, to: E&ECareers@nyct.com

Your resume will be reviewed to determine your eligibility to attend the Open House. If selected, you will receive an invitation via email to attend this in-person event.

Only candidates who possess the required work experience <u>and</u> Licenses, <u>and</u> who hold work authorization for the United States, will be scheduled for an on-site interview on December 3. Walk-In candidate resumes will be reviewed at the door to determine their eligibility.

JOB DUTIES:

Elevator & Escalator Maintainers, under supervision, perform frequent and routine maintenance, inspection, testing, alteration, and repair of electric and hydraulic passenger and freight elevators, escalators, and associated electro-mechanical equipment in MTA NYC Transit stations, shops, and buildings; prepare reports; operate a motor vehicle; and perform related work.

REQUIREMENTS:

- NYS Elevator Mechanic License

 Motor vehicle Driver License valid in the State of New York with no restrictions

 Three (3) years of full-time Journey-level experience (fully trained, knowledgeable, proficient, and competent mechanic) repairing electric/hydraulic elevators and/or escalators, or a satisfactory equivalent

 Work authorization for the United States

This Position Offers:
Paid vacation, holiday and sick leave, overtime and night differential, comprehen health benefits, a pension plan and retiree medical benefits. Annual salary \$87,484.

*Immediate opportunities exist. Qualified applicants will be appointed as a Provisional hire. To gain permanent status, you must pass a Civil Service Examination for this title and be appointed from the resulting list.

New York City Civil Service 101 Information Session





Tuesday, November 15, 2022 4:00 p.m. to 5:30 p.m.

Zoom Meeting

To register, please visit: https://bit.ly/Nov15CS101

START YOUR CAREER in TV and FILM production

The "Made in NY" Production
 Assistant Training Program
 helps low-income New York City
 residents start a career in film
 and television.

 To apply or learn more, attend a virtual Info Session. Info Sessions are held every Monday at 1pm. Email pa@bwiny.org or hit the link in our bio to register.

APPLICATION DEADLINE FOR OUR JANUARY 2023 CLASS: DECEMBER 16TH. 2022



HireNYCHA is recruiting!

GREEN MAINTENANCE FOR BUILDINGS

The 6-week FREE training will provide entry-level janitorial and porter skills with a green-industry focus.

Participants will receive:

- ✓ Compactor operation training
- ✓ Green industry instruction
- Hands-on skills for facilities maintenance
- Industry-recognized certifications such as OSHA 30 and 10-hour SST

Upon training completion, graduates will have access to employment referrals.

REQUIREMENTS:

- Must be an authorized NYCHA resident or NYCHA Section 8 resident
- · 18 years of age or older
- Interest in janitorial or building maintenance
- Minimum high school equivalency diploma preferred
- COVID-19 vaccination

To reserve your seat for the next info session

call (718) 289-8100 or visit

http://opportunitynycha.org/events/hirenychas-green-maintenancetraining-program-11/



Thursday, November 10th 4 pm- 7 pm 116 E 169th St Bronx NY 10452

OPEN POSITIONS

Nurse | Kitchen Manager
Residential Aide | Shift Supervisor
Housekeeping & Maintenance
Food handler | Building Technician
Superintendent | Case Managers
Housing Specialists | Licensed
Clinical Social Worker
Employment Specialist | Program
Coordinator

Recreation Coordinator| Office Manager

Director of Operations & Security| Director of Social Services And many more.....



Use QR code below to

register



Since 1974 NAICA's mission is to provide culturally & linguistically clientcentered housing, legal and social support services that promote self-efficacy and improves the quality of life for individuals and families in New York.



AVATOR

GLAM SQUAD TRAINING PROGRAM



Weekly Syllabus

Week 1: Intro to Production

January 14th & 15th

Week 2: Skill Training Skin Tones, Techniques

January 21st & 22nd

Week 3: Skill Training Blood and Special EFX

January 28th & 29th

Week 4: Mock Shoot (Photo/Interview Style)

February 4th & 5th

Week 5: Mock Shoot (Scripted/ Special EFX)

February 11th & 12th

Week 6: Review & Assessment

February 18th & 19th

Industry Mixer

Saturday, February 18th

Glam Squad Evaluation Test Day

Sunday, February 19th

Week 7: NAACP Glam Squad Awards — Graduates attend

a pre-show luncheon, dinner or awards night.

Date TBD

Each student will receive a kit and portfolio of their work after completion.





Lottery ends Dec 30, 2022

915 Elsmere Place Senior Apartments

915 Elsmere PI, Bronx, NY 10460

Eligible Income: \$55,612 - \$187,330

Household Size: 1 - 5

Details

There is a preference for residents of Bronx Community Board 6. Tenants will have access to the fitness center, recreational area and an on-site laundry room. This building is pet friendly and is smoke free. Parking and laundry room are subject to fees. For units where the income limit is set at 80% AMI Individuals or households must have at least one household member who is 62 years or older, and must meet the income and household size requirements that are listed below. For units where the income limit is set at 130% AMI, eligible individuals or households do not require a member that is 62 years of age or older. Qualified applicants will be required to meet additional selection criteria. Owner is responsible for hot water and heat. Tenants are responsible for electricity including electric cooking. To request an application by mail, send a self-addressed envelope to: 915 Elsmere Place, C/O Housing Partnership, 253 West 35th Street, 37d Ft., New York, NY, 10001.

Affordable Housing Program

This building is being constructed through the Privately Financed Affordable Senior Housing(PFASH) Program of the New York City Department of Housing Preservation and Development and is anticipated to receive a Tax Exemption through the 421-a Program of the New York City Department of Housing Preservation and Development.

No deposits/application fees. More information: https://housingconnect.nyc.gov/PublicWeb/

Amenities

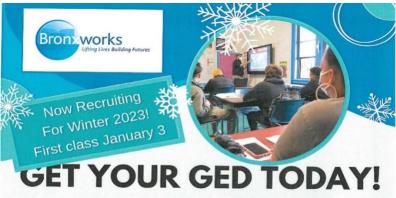
- Pet-friendly
- / Shared laundry room
- Energy-efficient appliances
- ✓ Gymnasium
- ✓ Elevator
- ✓ Accessible entrance
- ✓ Smoke-fre

MMCC Mosholu Montefiore Community Center

Get your High School Equivalency Diploma! MMCC offers FREE GED classes for ages 18+.

Orientations on Zoom every Friday at noon. Call us to get started: (718) 652-0282.





Are you age 18 or older?

Do you need to earn a High School Equivalency Diploma (GED/HSE)?

Interested in job training?

Take the next step!

Prepare for the GED test with free courses in reading, math, science, and social studies with BronxWorks!

BronxWorks Carolyn McLaughlin Community Center 1130 Grand Concourse

Bronx, NY 10456

Email or call to make YOUR Appointment Today! Contact us by email at EXCEL@bronxworks.org or call Program Assistant Frederick Toler at (718) 508-3045.





JOY OF BREATHING

FREE PRANAYAMA CLASS

EVERY WEDNESDAY ONLINE



LEARN THE TECHNIQUE

> ENJOY THE BENEFITS

JOY OF BREATHING

30 min Free Pranayama Online Class Every Wednesday at 1pm (America/New_York)

Benefits of Breathwork

Several scientific studies have demonstrated the great benefits of breathwork:

- · Increase inner joy
- · Relax the body and mind
- · Reduce the stress response
- · Balance the nervous system
- Reduce anxiety
- · Decrease inflammation
- · Improve mental clarity
- · Strengthen the immune system
- Increase longevity
- · Improve sleep quality
- · And much more...

Experience the powerful benefits of the **Joy of Breathing** transformational breathwork. The breathing technique works to quickly and effectively allow you to access a deeper, more conscious **connection with the body**, **mind**, **heart and spirit**.

https://souldimension.org/breathe/



NYC Family Justice Centers

Get free and confidential help for survivors of domestic and

- Walk into the New York City Family Justice Center in the borough you live in (or one where you feel safest) to get connected to free and confidential assistance for victims and survivors of domestic and gender-based violence. All Centers are open Monday through Friday, from 9 a.m. to 5 p.m. No appointment is needed.
- Call to be connected to immediate safety planning, shelter assistance, and other support and resources—24 hours, 7 days

0 311

- o NYC's Domestic Violence and Sexual Assault Hotline 1-800-621-4673 (HOPE).
- Find resources and support in NYC by searching the City's NYC HOPE Resource Directory at www.nyc.gov/NYCHOPE

The Family Justice Centers can help you with:

- · Planning for your safety
- · Mental health and counseling services to support emotional well-being for you and your
- · Referrals to education programs, including workshops to help with budgeting, credit repair, and English as a Second Language (FSI) classes
- · Meeting with trained law enforcement, such as NYPD, NYC Sheriff's Office, and District Attorney's Office
- · Applying for shelter, housing and other support services
- · Information about public benefits and iob training programs, including help with resume writing and interviewing skills
- · Legal consultations for orders of protection, custody, visitation, child support, divorce, housing and immigration
- Legal representation is not guaranteed
- · Childcare for children age 3+ while you get

All services are voluntary. You can choose the services that you want.

The Mayor's Office to End Domestic and Gender-Based Violence (ENDGBV) develops policies and The mayor's Ornice to End Domestic and Gender-Based Violence (ENDGBY) develops policies and programs, provides training and prevention education, conducts research and evaluations, performs community outreach, and collaborates with diverse communities and community stakeholders to increase awareness of domestic and gender-based violence. ENDGBV operates the New York City Family Justice Centers, service centers which provide vital social services, civil legal and criminal justice assistance, and more—all under one roof. Learn more at www.nyc.gov/ENDGBV

At any New York City Family Justice Center, survivors of domestic and gender-based violence and their children can get connected to organizations that provide case management, economic empowerment, counseling, civil legal, and criminal justice assistance.

The Centers offer free, confidential help to people of any:

Immigration Sexual Language Gender Disability Age Income Status orientation spoken identity

> Please visit any Center, Monday-Friday 9 a.m. - 5 p.m. No appointment is needed. Interpretation services are available on-site.

NYC Family Justice Center, Manhattan 80 Centre Street, 5th Floor

New York, NY 10013 (212) 602-2800

OGO to Brooklyn Bridge-City Hall
NOR to Canal Street

00000 000

NYC Family Justice Center, Queens 126-02 82nd Avenue Kew Gardens, NY 11415 (718) 575-4545

G → Kew Gardens-Union Turnpike ■ Q10, Q37, Q46, Q60

NYC Family Justice Center, Staten Island

126 Stuyvesant Place Staten Island, NY 10301 (718) 697-4300

S62, S66, S74, S76, S78, S81, S84, S86, S90, S91, S92, S94, S96, S98

NYC Family Justice Center, Brooklyn

350 Jay Street, 15th Floor Brooklyn, NY 11201 (718) 250-5113

000 R to Jay Street 000 to Borough Hall

B25, B26, B38, B51, B54, B57, B61, B65, B67, B75

NYC Family Justice Center, Bronx 198 E. 161st Street, 2nd Floor Bronx NY 10451 (718) 508-1220

O D to Yankee Stadium BX1, BX2, BX6, BX13



All Centers are wheelchair accessible. Please call ahead to request other accommodations.



If you are in immediate danger, call 911.



¿Está en una relación que le hace sentirse asustado, d Domestic and nder-Based Violence herido o inseguro?

Centros de Justicia Familiar de la Ciudad de Nueva York

Los Centros de Justicia Familiar de la Ciudad de Nueva York brindan asistencia GRATUITA y CONFIDENCIAL a los sobrevivientes de la violencia entre parela, la trata de personas y el abuso de personas mayores. Damos la bienvenida a personas de todas las edades, orientaciones sexuales e identidades de género, independientemente del idioma que usted hable, su estado migratorio o su ingreso.

Todos los Centros están abiertos de lunes a viernes de 9:00 a.m. - 5:00 p.m

No se requiere cita.

Servicios de traducción están disponibles en todos los centros.

Centro de Justicia Familiar de Bronx 198 East 161st Street (718) 508-1220

Metro: 400 estación Yankee Stadium Autobús: BX1, BX2, BX6 y BX13

Centro de Justicia Familiar de Brooklyn 350 Jay Street (718) 250-5111

Metro: A C B R estación Jay Street; 2 3 4 5 estación Borough Hall Autobús: B25, B26, B38, B54, B57, B61,

B62, B65, B67, B75 y B103

Centro de Justicia Familiar de Manhattan

80 Centre Street

(212) 602-2800

Metro: 4 5 6 estacion Brooklyn Bridge-City Hall; 1 2 estación Chambers Street;

N Q R estación Canal Street; 1 2 3 A © estación Chambers Street Autobús: M5, M9, M22 y M103

Centro de Justicia Familiar de Queens 126-02 82nd Avenue (718) 575-4545

Metro: (3) (3) estación Kew Gardens-Union Tumpike Autobús: Q10, Q37, Q46 y Q60

Centro de Justicia Familiar de Staten Island 126 Stuyvesant Place (718) 697-4300

Transbordador hacia Staten Island: Terminal St. George Ferry Ferrocarril de Staten Island: estación St. George Ferry Terminal Autobús: S40, S42, S44, S46, S48, S51, S52, S61, S62, S66, S74, S76, S78, S81, S84, S86, S90, S91, S92, S94, S96 y S98

¿Cómo pueden ayudarle los Centros de Justicia Familiar?

Los Centros de Justicia Familiar ofrecen muchos servicios en un solo lugar:

Gestión de Casos: Los administradores de casos pueden ayudarle a crear un plan de seguridad, abogar por sus necesidades, conectarse con diversos servicios y darle apoyo durante el proceso.

Consejería Terapéutica: Usted y sus hijos tendrán acceso a consejería individual o en grupo para recibir apoyo y ayuda con el impacto emocional y psicológico que puede causar la violencia entre pareja. Servicios de Empoderamiento Económico: Personal en cada centro puede ayudarle con beneficios públicos, como

hacer un presupuesto, reparación de crédito y seguridad financiera. También pueden referirle a programas de educación y formación profesional. ento e Información Legal: Los abogados y asistentes legales pueden aconsejarle y representarle en casos de

divorcio, manutención de niños, visitas, custodia e inmigración. Policía: Si lo desea, los oficiales de la unidad de violencia domestica del Departamento de Policía de la Ciudad de Nueva

York pueden ayudarle a hacer reportes de policía y obtener reportes archivados. Fiscalía: Los fiscales de su distrito correspondiente especializados en casos de violencia domestica pueden darle información sobre casos criminales y procesos en el sistema de justicia.

Oficina del Alguacil: Los alguaciles son funcionarios públicos que pueden ayudarle en la entrega de documentos de la

Sala para niños: Los niños mayores de 3 años pueden ser supervisados mientras usted recibe servicios en el Centro de

Pensando en su seguridad

Algunas cosas para considerar sobre su seguridad:

¿Su pareja tiene acceso a su teléfono, correo electrónico, cuentas de redes sociales o cualquier otra cosa que le pueda dar información sobre donde se encuentra o con quien está? Considere cambiar sus contraseñas y configuraciones de privacidad.

Si decide dejar a su pareja

- ¿Ha empacado una maleta con cosas necesarias como ropa, medicamentos y documentos importantes (identificación, certificados de nacimiento, pasaportes, etc.)?
- Trate de mantener copias de documentos importantes con alguien de confianza o en un lugar donde su pareja no
- ¿Hay algún lugar donde podría refugiarse y donde su pareia no podría encontrarle? Puede llamar a la linea directa de violencia domestica de la ciudad de Nueva York al 1-800-621-HOPE (4673) para asistencia consiguiendo un refugio.

Si tiene niños

- ¿Ellos saben cómo llamar al 911 en caso de una emergencia?
- ¿La escuela o guardería sabe quién tiene permiso para recogerios? Si tiene una orden de protección y/u orden de custodia o visita asegúrese que la escuela o guardería tenga una copia.

- Si usted está en peligro inmediato, puede llamar al 911.
- Puede llamar a la línea directa de violencia domestica de la ciudad de Nueva York al 1-800-621-HOPE (4673) las 24 horas al día para crear un plan de seguridad inmediato y para asistencia consiguiendo refugio.
- Puede ir a un Centro de Justicia Familiar de lunes a viernes de 9:00 a.m. a 5:00 p.m. para crear un plan de seguridad completo y hablar con un administrador de casos sobre sus opciones.





Turkey Giveaway Events

44th Precinct

Date: November 11th

Time: 1:00 PM

Location: 2 E. 169th Street

Contact: Damir Cirikovic 917-912-6322

The Holmes Experience

Date: November 20th

Time: 12 - 3 PM

Location: 502 Morris Ave

Common Pantry

Date: November 19th Time: 10 AM - 2 PM

Location: 1290 Hoe Avenue

Contact: Judy Secon 917-720-9712

Union Grove Missionary Baptist Church

Date: November 21st Time: 10 AM - 1 PM

Location: 1488 Hoe Avenue

Contact: A'Neesha Williams 347-590-5381





Community Market

Sponsored by AAOHA

2134 Barnes Ave. Cross the Street from P.S. 357 School Between Lydig and Matthews Ave.

November Dates

Friday 11, 18, 25 Saturday 12, 19, 26

Household, Handcrafted, Vintage Items, Toys, Funko pops, Sports Memorabilia, Designer Clothing, Jewelry and More... Also Tasty Food and Baked Goods





PRIVATE SCREENING: RHYTHMS OF THE LAND WITH GAIL MYERS & JESSICA B. HARRIS

Saturday, November 12, 2022 11 a.m.–12:30 p.m. | At the Garden

Rhythms of the Land is a valentine to generations of Black farmers in the United States from the enslavement period to the present, whose intense love of the land and dedication to community enabled them to survive against overwhelming odds.

A large number of African American sharecroppers and tenant farmers migrated to the North after World Wars I and II for factory jobs. These are the stories of the people that remained on or returned to the land and continued the agrarian traditions passed down from their ancestors.

The film spotlights an array of farmers, rice growers, hog and dairy ranchers, sharecroppers, basketweavers, shrimp farmers, vegetable farmers, and gardeners, each sharing their memorable stories for the first time

Following the screening, filmmaker Gail Myers joins Jessica B. Harris for a fireside Q&A.

RSVP FOR FREE





DEADLINE: 11/13/2022



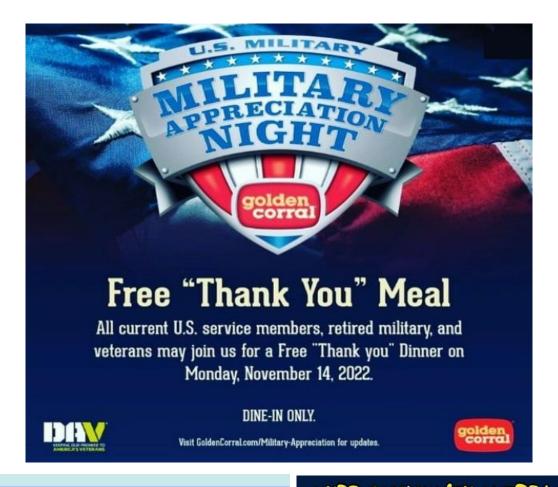
Apply now www.hispanicheritage.org







Grand Central Terminal celebrates the festive season with the return of New York City's longest-running indoor Holiday Fair, presented by AmericanGreetings.com, and SL Green Realty Corp. Showcasing 36 local-artisan vendors offering one-of-a-kind products across a variety of categories, the Grand Central Holiday Fair opens November 14th, and runs for six weeks. One of New York's most extraordinary shopping events, the Grand Central Holiday Fair will take place in the stunning beaux-arts Vanderbilt Hall welcoming countless visitors for a truly curated holiday shopping experience. This year's fair will feature unique local artisans and small businesses with a focus on quality craftsmanship and products made in New York and the United States. Vendors will sell a diverse mix of gift-able items, including men's and women's clothing and accessories, original artwork, jewelry, stunning holiday keepsakes and distinctive home décor, selfcare products, and endless varieties of handcrafted goods.



Join us for a Rat Academy Training

Sponsored by

Bronx Community Board 9 and Community Board 12



Free training for:

- Building superintendents and staff
- Homeowners and tenants
- · Managing companies

Learn about:

· Rat prevention methods

Monday November 14, 2022

6:00 p.m. to 8:00 p.m.

Please register for this virtual event here

For more information or to request additional accommodations, contact ratportal@health.nyc.gov

Scan Code

For more information, visit nyc.gov/rats









